

Guardians - Afternoon activities

Welcome back Guardians!

We hope you had a fun live session with us, we enjoyed spending the time with you all. We hope you learnt a lot and remember to **PLUG INTO GOD**. He loves you so very much and wants to spend time with you.

Remember to pray to him when you are feeling tired, sad, happy, thankful – he will always be listening and ready to renew your strength.



To start the afternoon session, we want you all to think of something that you are thankful for today and say a big thanks out loud to God. And we have a challenge for you going forward, as those who have been to Stay Awake before will remember, **we like challenges!**



Do you remember what your challenge is for today?

As we mentioned in the live session, think about what you want help with from God. How do you want to be strengthened by God? It can be by asking him to remind you remember to say please and thanks when people have helped you, you could ask him to remind you to help others, you can ask him to remind you to say more prayers or tell others about him.

Have a think about what you want him to help you with and then say a prayer to him for that.

Do you remember your challenge for the next week, month, year?



Keep praying to God and asking him to help you with whatever it was that you asked him for. And don't worry if you want to change what you are praying to him about, you are definitely allowed to do that, he will be listening to you. And you can even talk to him about more than one thing!

How great is that 😊

TIME TO GET



1. For those of you who didn't finish creating and designing your eagles earlier, you can finish that off now!

2. For those of you who are still making your God Chatterboxes, that's great, keep it up! It will be a fun game to play with your family and friends at some point. And remember, there are 2 chatterboxes, so you can always do the second one that you didn't do earlier!

TOP TIPS

If the one you are choosing is empty in the middle, then remember to write some things in the middle. Some ideas of what you could write are below:

- One or more short prayer
- "I am thankful for..." (because when you play the game with someone they will be answering it and thinking about what's made them thankful today!)
- "Who's your favourite person in the bible?"
- "Today I learnt..."
- "Isaiah told me..."
- "Who is Isaiah?"
- "Favourite thing about Stay Awake?"
- Jesus loves me

If you've forgotten how to make it, no worries, the instructions will be on the Stay Awake website, www.stayawakejc.com. And the instructions for how to play are also on the website too.

3. If you want to have a break from making your eagle and God Chatterboxes, then there is a word search for you to do and it uses a lot of the words and meaning from the bible verse we are focusing on for Stay Awake this year. Do you remember what that bible verse is?

But those who hope in the Lord
will renew their strength.
They will soar on wings like eagles;
they will run and not grow weary,
they will walk and not be faint.

Isaiah 40:31



DailyVerses.net

4. And if you need more things to do, then you should have some colourings to colour in, or some plain paper for you to do some drawings. You can draw about things we've discussed today, Isaiah, Jesus, God, having strength, things you are thankful for. And you can also finish doing any of the other things that were in the first session that you've not yet finished or started.

Now this brings us to the end of our afternoon session and the end of kid's sessions for Stay Awake 2021! We hope you have had a lovely day, we have had fun chatting and speaking with you. And we are hoping to see you all in person next year for Stay Awake 2022. To finish for the day, we wanted to end with a final prayer. You can go back to the quiet place you went to for the first prayer in the morning session, or stay where you are, and say this in your head or out loud.

Final Prayer

In the name of the Father, and of the Son, and of the Holy Spirit.

Dear Lord, thank you for caring for me so much. Thank you for being there for me and being my friend. I thank you that you will strengthen my faith when I ask for it, and I am thankful that you listen to me. I ask that you will remind me to pray to you when I need help and guidance. Amen



We hope you've had an amazing day. Goodbye for now, from your stream leaders Rosie and Alice 😊